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# Travell & Simons' Myofascial Pain And Dysfunction: The Trigger Point Manual (2-Volume Set)



## **Synopsis**

Travell & Simons' Myofascial Pain and Dysfunction: The Trigger Point Manual.

## **Book Information**

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## **Customer Reviews**

The two volumes are to be on the desk and information to used. I am an Asian Bodyworker but constantly use the information as part of my assessment. Travell & Simmons 2 volumes were the main reference books during a sports injury course. Looked at several other books on trigger points but found T & S to be more complete and met my way of understanding material.

These books are Bibles for Massage Therapists! My practice wouldn't be what it is without them!

travell and simons have given all up and coming therapists a great head start in soft tissue therapies. this two volume set is methodically arranged in detail that allows the reader to follow patient examination through to treatment. this is the trigger point bible.

very detailed, got the book to help with my posture problem. Haven't had chance to finish the whole book and I believe I will have this book for the rest of my life to reference to.

Excellent fast shipping !! Highly recommend!! The books are the holly manual for all therapists, its a must own for sure.

Very good, but it is in all medical terms. Some times a bit hard to translate.

The medical and pharmaceutical companies keep a lot of useful information from the public. These books are excellent reference books according to my spouse. You will have to get passed some medical jargon, but these books let you in on information that doctors either refuse to share or just don't know.

I am very satisfied with the purchase. It was delivered as promised. I fully recommend them!!!

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Travell and Simons' Trigger Point Flip Charts Trigger Point Therapy: Stop Muscle & Joint Pain Naturally with Easy to Use Trigger Point Therapy(Myofascial Massage, Deep Tissue Massage, Foam Rolling, ... Massage) (Natural Health Solutions Book 3) Myofascial Pain and Dysfunction: The Trigger Point Manual, Vol. 1 - Upper Half of Body Myofascial Pain and Dysfunction: The Trigger Point Manual; Vol. 2., The Lower Extremities Myofascial Pain and Dysfunction, Vol. 1: The Trigger Point Manual, The Upper Extremities Foam Rolling: The Foam Roller Bible: Foam Rolling - Self Massage, Trigger Point Therapy & Stretching (Trigger Point, Tennis Ball, Myofascial, Deep Tissue, ... Points, Hip Flexors, Calisthenics Book 1) Trigger Point Therapy for Myofascial Pain: The Practice of Informed Touch Trigger Points: Understanding Myofascial Pain and Discomfort Trigger Finger Cure: A Comprehensive Guide and Toolkit for Trigger Finger, Locking Finger, Video Game Thumb Pain, Ipad and Smartphone Finge Back Stretching: Back Strengthening And Stretching Exercises For Everyone (lower back pain, healing back pain, stretching exercises, back pain treatment, ... pain relief, stretching, back pain Book 1) TMJ Temporomandibular Joint Dysfunction - Causes, Symptoms, Treatment, and Pain Relief For Your Jaw Pain (How to Get Rid of Jaw Pain & Headaches Due to TMJ) Trigger Point Self-Care Manual: For Pain-Free Movement The Muscle Test Handbook: Functional Assessment, Myofascial Trigger Points and Meridian Relationships, 1e The Frozen Shoulder Workbook: Trigger Point Therapy for Overcoming Pain and Regaining Range of Motion Trigger Point Therapy for Headaches and Migraines: Your Self -Treatment Workbook for Pain Relief The Trigger Point Therapy Workbook: Your Self-Treatment Guide for Pain Relief (A New Harbinger Self-Help Workbook) Trigger Point Therapy for Low Back Pain: A Self-Treatment Workbook (New Harbinger Self-Help Workbook) The Trigger Point Therapy Workbook: Your Self-Treatment Guide for Pain Relief, 2nd Edition Trigger Point Therapy for Repetitive Strain Injury:

Your Self-Treatment Workbook for Elbow, Lower Arm, Wrist, & Hand Pain (New Harbinger Self-Help Workbook)

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